

Full Moon Ritual

Witxs Rising



Dear Seeker,

This sacred full moon ritual is very dear to my heart. I hope it brings you as much joy as it does me. Its aim is to provide a launching pad for syncing yourself with the cycles of nature; to rekindle a relationship with the powers around us.

The full moon is a time where we harvest what we have sown; when things reach their 'fullest' potential. When the moon reaches its zenith we look back and show gratitude for our lives. That is why we practice not just manifestation but appreciation too.

Also, here are few ideas for you to try. For instance, you might try creating. Go ahead, paint, dance and play. If you regularly practice magick, any spellwork will be magnified during this time. Or you might do purification rituals such as herbal baths, fasting, or any type of abstinence. Then again, I've always been a bit of a hedon, so why not indulge yourself, let your wild side out. Afterall, we're witxs not nuns. The point is to celebrate this full moon and all the ones to come. May you be blessed on your journey.

XOXO,
Sofia Oriana

Preparation

WHERE: a quiet space,
preferably outdoors

TOOLS:

a copy of this paper
bowl of water
an offering(s) such as;
tobacco, alcohol, coins,
tea, flowers, a song, etc

OPTIONAL: a star app such as
Night Sky, Star Walk 2, Sky View
white candle(s)
incense or burning resins
salt
bell, singing bowl, or any sound
resonant tool
a silver coin or moonstone (if
you cannot catch the moon's
reflection in your water bowl)

KEEP IN MIND: The practice is more potent if you do it outside. As a city girl I understand getting out to nature is not always easy. So try to find a rooftop if you can. Otherwise I have made plenty of optional adjustments.

Some of this practice includes manifestation, but I encourage you to take a step out of the 'getting' mentality to the 'giving' one. One of the most powerful ways we can work magick is by making offerings. This is how we build a relationship with the powers of nature.

In many cultures there is an intermediary spirit who is invoked to communicate with the realm beyond. We will invoke the spirit here in the ritual and we call it 'Guardian of The Gates'. If you are fortunate enough it may present itself to you in whatever form it chooses.

Instructions

1. Bring some water and a bowl to a quiet place. Pour the water into the bowl. If you can, try to catch the moons reflection. If that is not possible, place a silver coin or moonstone inside the bowl. This will be used as a symbol for the moon. If you are indoors you might try opening a window preferably where the moon is visible. Embrace the cold air.

2. Now draw an invisible circle around your sitting area with your thumb. You can choose to make a visible circle with salt or drawing it in the dirt. The purpose is to concentrate the power you are calling down. Inside this circle make sure to face the direction of the moon. A star app can help with this. If the moon is directly overhead just face East.

3. Start setting up the anything you brought with you inside the circle. Offerings can be placed next to the bowl. Go ahead light incense if you like. If you brought multiple candles they can be placed around the circle.

4. When you are done sit for a few moments in silence. breathing deeply. Feel yourself being grounded to the earth. When you are ready you can ring the bell or singing bowl if you brought one. Or simply let out a low humming noise. The next segment, the invocations, will be read aloud. You are now ready to begin them.



Guardian of The Gates
Keeper of worlds between this one
and the next
All Seeing, All Knowing One
I ask that my words carry pass your veil

Mother Moon, Mother Moon,
Wise spirit of the night
I call upon you
Tonight I honor you.
Please accept these offerings
Hear my prayers
And and grant me your
blessings
For I am your child
And you my protector

I pray for
(mention love ones)
Today I release ... (mention something you're
leaving in the past)
And I call in ... (Something you are bringing into
your future.)
(If you have your own spell you can recite it here)
In your name Mother Moon

From your light I find healing
From your light I find guidance
From your light I find my path
Blessed is the one who walks in darkness
and follows your light
So it is

Final Word

Now sit in silence for a few moments. See if you can feel the presence of the moon. Imagine she is sitting with you. Sense her. If she has any guidance to give, let it come.

To seal the ritual stand up and bow in the four directions starting East, South, West then North. Thank your ancestors and all the magickal adepts who came before you. Finally, hold your hands up to the sky acknowledging the moon and leave the deepest bow for her.

If you like you can keep the water. Use it to consecrate objects in the future. To really reap the benefits of it leave it out overnight and jar it in the morning. You may also leave out any sacred objects.

If you are outdoors you can leave any offerings that are biodegradable. Otherwise you may bring them back with you and put them on your altar. If you opted to bring a coin or moonstone this may now be used as a charm. Keep it in your pocket anytime you wish to have her around.

Thank You!

